

# Senior Citizen Health Risk Questionnaire

## Personal Information

Full Name

Date of Birth

Gender

## Medical History

Do you currently have or have you ever been diagnosed with any of the following?

- ☐ Diabetes
- ☐ Hypertension
- ☐ Heart Disease
- ☐ Stroke
- ☐ Cancer
- ☐ Asthma
- ☐ Arthritis
- ☐ None

Other medical conditions (please specify)

## Lifestyle

Do you smoke?

- ☐ Yes
- ☐ No
- ☐ Former Smoker

Do you consume alcohol?

- ☐ Yes
- ☐ No
- ☐ Occasionally

How many days per week do you exercise?

## Functional Assessment

Do you require assistance with any of the following activities?

- ☐ Bathing

☐ Dressing

☐ Eating

☐ Toileting

☐ Mobility

☐ None

## Additional Comments

Please provide any other relevant information