Group Therapy Behavioral Health Consent Form

Participant Information Full Name Date of Birth Contact Information **Group Therapy Consent** I acknowledge that group therapy involves sharing personal information in a group setting. I understand that confidentiality is an important part of group therapy. I agree to respect the privacy of other members and not disclose any information discussed during sessions. Lagree to maintain confidentiality. I voluntarily consent to participate in group therapy. **Risks and Benefits** I have been informed of the potential risks and benefits of participating in group therapy. I understand that group therapy may involve discussing sensitive topics that can cause emotional discomfort. I also understand that group therapy can provide support and personal growth. l acknowledge that I understand the risks and benefits discussed. **Questions or Concerns** If you have any questions or concerns, please detail them below: **Signature** Participant Signature

Date