

Hernia Repair Surgery Follow-Up Checklist

Wound Care

- ☐ Incision clean & dry
- ☐ No signs of infection (redness, swelling, discharge)

Pain Control

- ☐ Pain managed with current medications
- ☐ No new or worsening pain

Mobility & Activity

- ☐ Walking/moving comfortably
- ☐ No activity restrictions violated

Bowel & Bladder Function

- ☐ Normal bowel movements
- ☐ No urinary retention or difficulty

Other

- ☐ No fever or chills
- ☐ No new lumps, swelling, or bleeding

Follow-Up Appointment

- ☐ Appointment scheduled
- ☐ Questions for provider listed

Notes