

# Unemployment Eligibility Self-Assessment Checklist

## Basic Eligibility

- ☐ I am currently unemployed.
- ☐ I lost my job through no fault of my own (e.g., layoff or company downsizing).
- ☐ I am able and available to work.
- ☐ I am actively seeking employment.
- ☐ I meet my state's minimum wage and earnings requirements for previous employment.

## Disqualification Factors

- ☐ I did NOT quit my job voluntarily (except for good cause).
- ☐ I was NOT terminated for misconduct or violation of company policies.
- ☐ I am NOT refusing suitable work opportunities.

## Additional Considerations

- ☐ I am legally authorized to work in this country.
- ☐ I am meeting all state-required weekly reporting or job search activities.

## Notes