

# Postpartum Home Visit Checklist

## Mother Assessment

☐ Vital signs checked ☐ Uterine involution assessed ☐ Lochia examined ☐ Perineal/wound check ☐ Breast assessment ☐ Emotional wellbeing checked ☐ Pain management discussed ☐ Family planning discussed ☐ Nutrition evaluated

## Baby Assessment

☐ Weight measured ☐ Feeding observed ☐ Cord care checked ☐ Skin color and tone examined ☐ Temperature checked ☐ Elimination (urine/stool) status ☐ Immunizations reviewed

## Education & Support

☐ Danger signs explained ☐ Breastfeeding support ☐ Newborn care guidance ☐ Family support assessed

## Additional Notes