

Gynecological Surgery Readiness Checklist

Personal Preparation

- ☐ Fasting instructions followed
- ☐ Regular medications reviewed with doctor
- ☐ Allergy information provided
- ☐ Consent forms signed
- ☐ Menstrual cycle information shared

Pre-Op Health Checks

- ☐ Lab tests and results up to date
- ☐ Imaging (if required) completed
- ☐ COVID-19 and infectious disease screening done
- ☐ Pre-op physical assessment complete

Logistics & Planning

- ☐ Transportation arranged
- ☐ Post-surgery support person notified
- ☐ Home care supplies secured
- ☐ Time off work/school arranged
- ☐ Pre-op instructions understood

Notes