

Bridal Beauty Preparation Checklist

6-12 MONTHS BEFORE

- ☐ Research and book hair & makeup artist
- ☐ Start skincare regimen
- ☐ Consult dermatologist (if needed)
- ☐ Schedule hair & makeup trial
- ☐

3-6 MONTHS BEFORE

- ☐ Book beauty treatments (facials, etc.)
- ☐ Decide on hair color/cut
- ☐ Start teeth whitening
- ☐ Update skincare as needed
- ☐

1-3 MONTHS BEFORE

- ☐ Book waxing/threading appointments
- ☐ Buy beauty products & essentials
- ☐ Schedule hair trim and color touch-up
- ☐ Finalize beauty day timeline
- ☐

1 WEEK BEFORE

- ☐ Get facial (gentle, if needed)
- ☐ Have manicure/pedicure
- ☐ Eyebrow shaping
- ☐ Prepare wedding day beauty kit
- ☐

WEDDING DAY

- ☐ Cleanse and prep skin
- ☐ Eat and hydrate
- ☐ Follow hair & makeup timeline
- ☐ Pack touch-up kit
- ☐

