

Trauma-Informed Care Assessment Template

Client Information

Name:

Date:

Assessor:

Safety

Describe client's sense of emotional and physical safety:

Environmental considerations:

Trust & Transparency

How is trust established and maintained?

Information shared with client:

Peer Support & Mutual Self-help

Does the client have access to peer support?

Observed peer interactions:

Collaboration & Mutuality

Describe collaboration with the client in care planning:

Empowerment & Choice

How is the client empowered in service delivery?

Decisions client is encouraged to make:

Cultural, Historical, and Gender Issues

Cultural considerations:

Historical/gendered trauma recognized:

Notes & Recommendations

Summary and recommendations: