

Vegan Cooking Workshop Participant Survey

Name

Email

Workshop Experience

How did you hear about this workshop?

- ☐ Social Media
- ☐ Friend/Family
- ☐ Newsletter
- ☐ Website
- ☐ Other

How would you rate the workshop?

Which topics did you find most useful?

- ☐ Nutrition
- ☐ Cooking Techniques
- ☐ Meal Planning
- ☐ Ingredient Sourcing
- ☐ Other

What was your favorite recipe from the workshop?

Additional Comments or Suggestions

