Life Insurance Medical Exam

Personal Information

Do you exercise regularly?

Full Name	
Date of Birth	
Gender	
Centre	<u> </u>
Phone Number	
Email Address	
Linai Address	
Address	
Medical History	
Have you been diagnosed with any chronic illnesses?	
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If yes, please specify:	
Do you take any medication regularly?	
	<u> </u>
If yes, list the medications:	
Do you have any allergies?	
	•
If yes, specify allergies:	
Lifestyle	
Do you smoke?	
Do you smoke:	-
Do you consume alcohol?	
	•

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If yes, how many times per week?	
Family Medical History	
Has any immediate family member been diagnosed with serious illnesses (e.g., cancer, heart dis	sease, diabetes)?
	<u>•</u>
If yes, specify relationship and illness:	
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Exam Measurements	
Height (cm)	
Weight (kg)	
Blood Pressure	
Pulse Rate (bpm)	
Examiner Comments	