

Thyroidectomy Post-Operative Evaluation Checklist

Patient Information

Name: Date of Surgery: Medical Record #:

General Assessment

☐ Vital signs stable ☐ Pain adequately controlled ☐ Airway patency assessed ☐ Voice quality assessed ☐ Swallowing assessed ☐ No excessive bleeding/hematoma ☐ Wound inspection ☐ Drain/output checked (if applicable)

Hypocalcemia Monitoring

☐ Symptoms of hypocalcemia (numbness, tingling, cramps) ☐ Chvostek sign ☐ Trousseau sign ☐ Serum calcium level checked ☐ Vitamin D and PTH checked

Laboratory Evaluation

☐ CBC ☐ Electrolytes ☐ Thyroid function tests ☐ Calcium, magnesium, phosphate

Medications

☐ Thyroid hormone supplementation (as needed) ☐ Calcium/vitamin D supplementation (as needed) ☐ Analgesia prescribed ☐ Other medications reviewed

Patient Instructions

☐ Wound care explained ☐ Signs of complications discussed ☐ Follow-up appointment scheduled ☐ Contact information provided

Notes