

Meal Prep Service Allergy Disclosure Form

Full Name

Email Address

Do you have any food allergies? (Check all that apply)

- ☐ Dairy
- ☐ Eggs
- ☐ Fish
- ☐ Shellfish
- ☐ Tree Nuts
- ☐ Peanuts
- ☐ Wheat
- ☐ Soy
- ☐ Sesame

Other Allergies (please specify)

Special Instructions or Notes

I understand that while the meal prep service will take reasonable precautions to avoid cross-contact, it cannot guarantee that any meal is completely free of allergens.

☐ I acknowledge and accept the above statement.