

Military Recruitment Fitness Evaluation

Candidate Information

Full Name

Date of Birth

ID Number

Contact Number

Physical Measurements

Height (cm)

Weight (kg)

BMI

Fitness Test Results

Test	Result	Remarks
Push-Ups (reps)	<input type="text"/>	<input type="text"/>
Sit-Ups (reps)	<input type="text"/>	<input type="text"/>
2.4km Run (time)	<input type="text"/>	<input type="text"/>
Pull-Ups (reps)	<input type="text"/>	<input type="text"/>
Other	<input type="text"/>	<input type="text"/>

Medical Notes

Evaluator's Name

Date of Evaluation

Final Remarks