

Fitness Bootcamp Participant Waiver

By signing this waiver, I acknowledge and agree to the following:

- I am voluntarily participating in the Fitness Bootcamp and understand that physical exercise carries inherent risks.
- I represent that I am physically fit to participate and have consulted a physician if necessary.
- I release the organizers, trainers, and facility from liability for injuries or damages that might occur.

Participant Information

Full Name

Date of Birth

Emergency Contact Name

Emergency Contact Phone

Medical Information

Relevant Medical Conditions

Agreement & Signature

Signature

Date