## **Yoga Class Participant Liability Waiver Form**

## **Participant Information**

Full Name
Date of Birth
Email
Phone Number
Emergency Contact Name & Number
Health & Medical Information
Please list any health conditions, injuries, or limitations
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Any medications taken regularly
Release of Liability
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I understand that yoga includes physical movement which may present a risk of injury. I accept personal
responsibility for my participation and any resulting injury. I agree to inform the instructor of any medical conditions. I voluntarily assume all risks and waive any claim I may have against the instructor and facility.
I have read, understood, and agree to the terms stated above.
Participant Signature
Date