

# Adaptive Sports Athlete Assessment

## Athlete Information

Name

Date of Birth

Gender

Adaptive Sport

Classification

Contact Info

## Medical & Disability Information

Type of Disability

Impairment Details

Assistive Devices Used

Medications

## Physical Assessment

Strength Assessment

Range of Motion

Endurance & Fitness Level

## Performance & Goals

Competitive History

Athlete Goals

## Recommendations

Recommendations/Notes