

# Martial Arts Athlete Discipline Agreement Form

## Athlete Information

Full Name

Date of Birth

Contact Number

Martial Arts Discipline

Team/Organization

## Agreement

As an athlete, I understand and agree to adhere to the following discipline guidelines and standards:

- Follow all rules and instructions of coaches and officials.
- Show respect to coaches, teammates, opponents, and officials at all times.
- Maintain personal discipline, integrity, and sportsmanship during training and competition.
- Abstain from prohibited substances and unethical practices.
- Commit to regular training and development as outlined by the coaching staff.
- Report any injuries, illnesses, or concerns to my coach promptly.

Athlete Signature

Date

## Parent/Guardian Acknowledgment (if under 18)

Parent/Guardian Name

Signature

Date

