Intramural Flag Football Liability Release

I, the undersigned participant, understand and acknowledge that participation in intramural flag football involves physical activity and inherent risks of injury. I hereby voluntarily assume all risks associated with my participation in this activity.

I release and hold harmless the organizers, sponsors, referees, staff, and any associated parties from any and all liability for injuries, damages, or losses that may occur as a result of my participation in intramural flag football games, practices, or related events.

I certify that I am physically fit to participate in this activity and that I will comply with all rules and instructions provided by the organizers.

I have read and understand this Liability Release and voluntarily sign it.
Participant Name
Date
Signature
If participant is under 18, Parent/Guardian Name
Parent/Guardian Signature