

Carbon Footprint Calculation Worksheet

1. Home Energy Use

Energy Source	Amount Used	Unit	Emission Factor	CO ₂ e Emissions
Electricity	<input type="text"/>	kWh		
Natural Gas	<input type="text"/>	therms		
Heating Oil	<input type="text"/>	gallons		
Other	<input type="text"/>			

2. Transportation

Vehicle Type	Distance Traveled	Unit	Emission Factor	CO ₂ e Emissions
Car	<input type="text"/>	miles		
Public Transit	<input type="text"/>	miles		
Air Travel	<input type="text"/>	miles		

3. Waste Generation

Waste Type	Amount Generated	Unit	Emission Factor	CO ₂ e Emissions
General Waste	<input type="text"/>	kg		
Recycled Materials	<input type="text"/>	kg		

4. Other Activities

Activity	Quantity	Unit	Emission Factor	CO ₂ e Emissions
	<input type="text"/>			
	<input type="text"/>			
Total Carbon Footprint			kg CO ₂ e	