

Crew Work and Rest Hours Log

Crew Member Details

Name		Position/Rank	
Ship Name		IMO No.	
Month/Year		Department	

Daily Work and Rest Hours

Date	Start of Work	End of Work	Total Work Hours	Total Rest Hours	Additional Notes

Weekly Summary

Week Starting	Total Work Hours (per week)	Total Rest Hours (per week)	Remarks

Crew Member Signature:

Date:

Master or Supervisor Signature:

Date: