

# Art Therapy Trauma History Assessment

## Client Information

Name

Date of Birth

Date of Assessment

## Presenting Concerns

Describe main concerns or symptoms

## Relevant Trauma History

Summarize known trauma history (types, frequency, duration, etc.)

## Trauma Impact

How has trauma impacted emotional functioning?

How has trauma impacted behavior?

Has trauma impacted physical health?

## Current Supports

Current support systems (family, friends, professionals, etc.)

### Coping Strategies

How does client currently cope with trauma?

### Art Therapy Goals

Goals for art therapy related to trauma history

### Additional Notes

Other relevant information