

Men's Adventure Retreat Packing List

Name

Email

ESSENTIALS

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ID/Driver's License

☐

Medications

☐

Wallet/Cash

☐

Phone/Charger

CLOTHING

☐

Shirts

☐

Pants/Shorts

☐

Jacket

☐

Underwear

☐

Socks

☐

Shoes/Boots

☐

Hat/Cap

TOILETRIES

☐

Toothbrush/Toothpaste

☐

Deodorant

☐

Soap/Shampoo

☐

Towel

☐

Sunscreen

OUTDOOR GEAR



Sleeping Bag



Backpack/Day Pack



Water Bottle



Flashlight/Headlamp



Multi-tool/Knife



Rain Gear/Poncho

OTHER ITEMS