Cease and Desist Letter for Social Media Defamation

Date:
To: Address: Email:
From: Address: Email:
Subject: Cease and Desist – Defamatory Statements on Social Media
Dear
I am writing to formally demand that you immediately cease and desist from making and publishing false and defamatory statements about me on social media platforms, including but not limited to the following posts/accounts:
The statements made are false and have caused, and continue to cause, harm to my reputation, personal life, and/or business interests. The law prohibits defamation, including libel and slander, and you may be held legally accountable for damages resulting from your actions.
I demand that you:
 Immediately remove and retract all defamatory statements made about me on all social media platforms and elsewhere online. Cease making any further false statements concerning me. Provide written assurance within 7 days that you will comply with these demands.
If you do not comply with this demand, I reserve the right to take appropriate legal action against you, including seeking monetary damages, injunctive relief, and legal fees.
This letter is written without prejudice to my rights and claims, all of which are expressly reserved.
Sincerely,
Name: Signature: Date: