

Long-Distance Parenting Plan Template

1. Parent Information

Parent 1 Name

Parent 2 Name

Child(ren) Name(s) and Age(s)

2. Communication Schedule

Methods and Frequency (e.g., phone, video call)

3. Parenting Time Schedule

School Year Schedule

School Breaks & Holidays

Summer Vacation

4. Travel Arrangements

Who arranges and pays for travel?

Pick-up & Drop-off Procedures

5. Decision-Making

Major Decisions (education, healthcare, etc.)

6. Expenses

Responsibility for Expenses

7. Additional Agreements