

Regenerative Farming Practice Self-Assessment

General Information

Farm Name:

Location:

Assessor Name:

Assessment Date:

Soil Health

Do you regularly test your soil health?

☐ Yes ☐ No

Practices in use:

☐ Cover Crops

☐ No-till/Reduced Tillage

☐ Organic Amendments

☐ Other

Notes:

Biodiversity

List actions taken to increase biodiversity:

Notes:

Water Management

Do you monitor water use and quality?

☐ Yes ☐ No

Describe water conservation or management practices:

Animal Management

Are animals integrated into your farming system?

☐ Yes ☐ No

List any regenerative animal management practices:

Self-Assessment Summary

Area	Strengths	Areas for Improvement
Soil Health		
Biodiversity		
Water Management		
Animal Management		
