

Autism-Friendly Travel Itinerary Planner

Traveler Information

Name

Age

Specific Support Needs

Trip Overview

Destination

Dates

Accommodation Details

Daily Schedule

Date

Planned Activities

Quiet/Break Times

Meals

Sensory Considerations

Emergency and Support Contacts

Medical Information

Emergency Contacts

Local Support Resources

Personal Comforts & Safety Items

Comfort/Sensory Items

Preferred Coping Strategies