

Fitness Class Waiver & Sign-Up

Personal Information

Full Name

Email Address

Phone Number

Class Details

Class Type

Preferred Date

Waiver & Release

I acknowledge that participation in fitness classes involves a risk of injury and I voluntarily assume all such risks. I release and discharge the fitness instructor, staff, and facility from any claims or liabilities arising from my participation.



I have read and agree to the waiver above.

Signature

Date