

# Home Office Safety Self-Assessment Form

## Employee Information

## Workstation Ergonomics

Is your chair adjustable and supportive? ☐ Is your monitor at eye level? ☐ Is there enough lighting at your workstation? ☐

## Electrical Safety

Are electrical cords in good condition? ☐ Are power outlets not overloaded? ☐ Are surge protectors being used? ☐

## Fire Safety

Is there a smoke detector nearby? ☐ Is there an accessible fire extinguisher? ☐ Are exits clear from obstructions? ☐

## Environment & Emergency

Is the space free of trip hazards? ☐ Do you know emergency procedures? ☐

## Additional Comments