

Yoga Class Liability Waiver

Please read the waiver below carefully and fill out the required information before participating in the yoga class.

Waiver & Release of Liability

I recognize that yoga requires physical exertion, which may be strenuous and may cause physical injury. I am fully aware of the risks and hazards involved. By signing below, I agree to assume full responsibility for any risks, injuries, or damages, known or unknown, which I might incur as a result of participating in the yoga class.

I acknowledge that it is my responsibility to consult with a physician prior to and regarding my participation in yoga. I represent and warrant that I am physically fit and have no medical condition that would prevent my full participation in the yoga class.

I knowingly, voluntarily, and expressly waive any claim I may have against the instructor or facility for injuries or damages that I may sustain as a result of participating in the class.

Participant Name

Date

Signature

Emergency Contact Information