

Eco-Friendly House Cleaning Checklist

General Supplies

- ☐ Microfiber cloths
- ☐ Reusable spray bottle
- ☐
- ☐

Kitchen

- ☐ Clean countertops with natural cleaner
- ☐ Wipe appliances (fridge, oven, microwave)
- ☐ Clean sink with baking soda or vinegar
- ☐
- ☐

Bathroom

- ☐ Scrub toilet with eco-friendly cleaner
- ☐ Wipe mirrors and glass
- ☐ Clean sink and faucet
- ☐ Mop floor with natural solution
- ☐

Living Areas & Bedrooms

- ☐ Dust surfaces and furniture
- ☐ Vacuum or sweep floors
- ☐ Change linens (organic or natural fibers)
- ☐
- ☐

Laundry

- ☐ Use eco-friendly detergent
- ☐ Wash full loads only
- ☐

Finishing Touches

- ☐ Empty compost and recycling bins
- ☐

Tip: Use natural cleaning agents like vinegar, baking soda, and lemon for safer, greener cleaning.

